



MISSION TRIP PACKING CHECK-LIST

PAPERWORK AND MONEY:

| ✓ | Item(s) | Notes |
|---|----------------------|--|
| | Airline Ticket | **** |
| | Passport | Bring the original. Verify it will not expire during your trip. |
| | Copy of Passport | You need to leave a copy with someone in the US; bring a colored photocopy with you |
| | Driver's License | Only if you plan to drive while in Guatemala (not recommended) |
| | Extra Cash | Needed for tips at the airport (recommend \$5 per handler) |
| | Money to Exchange | \$50-100 per person is sufficient for souvenirs, meal, etc.(need to be newer, unblemished \$20 bills or \$100 bills) <i>*ATM's are available here.</i> |
| | Bible | <i>*For personal bible study</i> |
| | Journal and Pen | <i>*To record the amazing memories you will make here.</i> |
| | Evangelism Materials | Be sure they are in Spanish |

CLOTHING:

| ✓ | Item(s) | Notes |
|---|-------------------------------|--|
| | Pants / Shorts | Daytime is upper 70's / Mornings & Evenings are fairly cool |
| | T-shirts | Again, it will be warm during the day |
| | Sweatshirt, sweater or jacket | Mornings and Evenings are cool (Evenings especially) |
| | Tennis shoes | Need comfortable shoes to walk/work in during the outreaches |
| | Sandals/Flip-flops | Lounging and walking around campus |
| | Undergarments/Socks | Enough for the number of days you will be here. |
| | Rain Jacket | If traveling here between May - September (Rainy Season) |



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PERSONAL CARE & MEDICAL:

| ✓ | Item(s) | Notes |
|---|----------------------|--|
| | Hygiene Products | Hairbrush/comb, shampoo, conditioner, bodywash, toothpaste, toothbrush, deodorant, etc |
| | Hand Wipes/Sanitizer | Always good to have |
| | Water bottle | Filtered Bottle is recommended |
| | Sunscreen/Bug Spray | *Need for village outreaches. We also recommend chapstick. |
| | Prescription Meds | Place in your carry-on and ensure your name is on bottle |
| | OTC Pain Relievers | Tylenol, Aleve, IBUProfen |
| | Small First Aid | Band-aids, antibiotic ointment, etc |
| | Pepto/Immodium AD | Visitors frequently experience mild stomach issues |

MISC / OPTIONAL:

| ✓ | Item(s) | Notes |
|---|---------------------|--|
| | Spanish Cheat Sheet | *Provided by Hands of Hope via email |
| | Camera/Video | Chargers |
| | Backpack/Fanny Pack | Help to keep us with personal items when conducting outreaches. *Highly recommended. |
| | Small Flashlight | |
| | Hat/Sunglasses | <i>*Head cover is extremely important up on the mountain tops where we will be serving a lot during your week here.</i> |
| | Work Gloves/Tools | Depending on selected outreaches |
| | Toys/Games/Prizes | Items to give children during outreaches, VBS items, etc |
| | Cell Phone/Charger | Will need an 'International Plan' to use remotely / Free Wifi is available at the host facility. |
| | Snacks | <i>*Snacks/Drinks are available to buy at tiendas nearby</i> |
| | Playing cards/Etc | Something for downtime at the host facility. We also have a basketball court, ping pong, corn hole and spike ball on campus. |



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